

# What's the best spiritual advice you've gotten from a priest?

When you feel a cross in your life, recognize it, accept it, then hug it like Jesus did.

Pablo D'Amico  
St. Monica, Mercer Island

Don't take your penance out on others.

Linda Waterman  
Immaculate Heart of Mary, Kelso

To deepen my relationship with Mary and to start praying the rosary. I started three years ago at the start of Lent and have prayed a rosary every day since. Mary has changed my life.

Jodi Petrinovich  
St. John Bosco, Lakewood

During confession when I was in college, the priest told me to look to the Blessed Mother for how to live my life. It was a very simple message, but it's stuck with me and helped me avoid some really bad choices. It still helps me today!

Joanne Kerrigan  
St. Michael, Olympia

Prepare for Mass by reading the Gospel and Scripture readings prior to coming to church. I have found this practice to be a blessing by adding greater focus to my eucharistic celebration!

Mary Agnes Ward-Slone  
St. Charles Borromeo, Tacoma

Forgive yourself and give your sufferings to Jesus.

Australia Hernández Cosby  
Assumption, Bellingham

Life is the small potatoes.

Maria Laughlin  
St. James Cathedral, Seattle

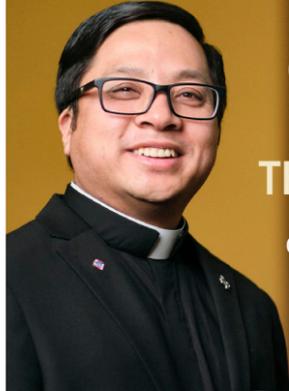
As my child was screaming his little heart out in the cry room, my priest who was not saying Mass found me exasperated and said, "This is your vocation now."

Elizabeth Tomlin  
St. Michael, Olympia

Don't nag your spouse to attend church — pray for them instead.

Susan Curry  
St. John, Montesano

Have a question you'd like to see answered in a future edition? Let us know at [editor@seattlearch.org](mailto:editor@seattlearch.org)!



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