## **HOW HAVE YOU EXPERIENCED** the Holy Spirit in your life?

The Holy Spirit woke me up during a deep sleep in July of 2018. I was struggling with personal issues that brought darkness into my life. I was convicted of sin by the Holy Spirit. An invitation was made to me to come to the cross of Jesus. I said yes. Ever since, I have been undergoing a conversion of lifestyle, not without its many valleys. The Holy Spirit is real. God's Divine Mercy is real.

Pablo Ornelas St. Anthony, Renton

I spent much of my late teens and early 20s searching for truth. The Holy Spirit has been present in my life leading me from life as an agnostic into full communion with the Catholic Church.

Shawn McDonald St. Michael, Olympia

During this time of the COVID-19 pandemic, I have felt the Holy Spirit's presence in my life, very strongly. He has replaced my fear and anxiety with peace and contentment and has opened up my eyes to the blessings and holiness in this time of trial.

**Cindy Anderson** St. Vincent de Paul, Federal Way

I have experienced the Holy Spirit in big and little ways in my life. The little ways are often after much prayer or thought, but not necessarily. The insights he sends me allow me to be much more understanding, and conduct myself with more love and less judgement.

Jean Miller Our Lady of Lourdes, Vancouver The Holy Spirit lives within the intimacy of my soul. When I listen to the Holy Spirit, I experience a steady radiance of the warmth of God's perpetual love that inspires and motivates my love for the Trinity and my human family.

**RJ Ryder** St. Patrick, Tacoma

I have been prompted to check on others and to pray for others to later find out they were in need of prayer or someone to talk to. I have on many occasions felt the strength and peace only the Holy Spirit can bring during times of great trial and despair!

**Enjoli Carter** St. Stephen the Martyr, Renton

Our question for July/August: What's one thing you do every day to live your faith? Let us know at editor@seattlearch.org!